Appendix A

Voluntary Welfare grant awards 2018-19 - name, description and cost of each project, outcomes and link to the strategic plan 2015-18

1 Age Concern Colchester award £11,450

Project - Positive Ageing Journeys

Pop up services - delivering, developing and engaging opportunities for older people. POP – Positive older People, skills, time aptitude and experience of older people. Be a Friend project – helps unlock solitude. Advice and Information Services – helping people remain independent and secure offering confidence and opportunities.

Outcome – To reach and support 2,800 residents through the schemes. Seeking 100 volunteers in addition to the 60 already assisting the charity

Link to strategy plan and criteria – Increase volunteering across the borough, preventing isolation and/or loneliness and helping the most vulnerable people in our society to improve their quality of life and opportunities.

2 Beacon House award £13,000

Project - Welcome Services

Supporting homeless people. The provision of a welcome area in the building in Abbeyfields where support staff are available and clients can socialise and have refreshments. The impact will be a reduction in emergency services

Additional information – To March 2017 the project supported 617 and 45% were sleeping rough. There were over 50 volunteers over the course of the year and the winter overnight project was supported by 119 volunteers. This relieves the pressures on GP surgeries, the A&E department, the Police and Adult Social Care Services.

Link to strategic plan and criteria – Helping people improve their skills for work or life and helping the most vulnerable people in our society to improve their quality of life and opportunities.

3 Citizens Advice Colchester award £50,000

Project - Colchester Information and Advice

To empower and inform residents of Colchester through providing access to independent, confidential, relevant advice and information to help them solve the problems they face. Through face to face advice 5 days a week, open a

new library based advice location with CBC, volunteering opportunities, assisted self-help at Crouch St office. Financial capability training with C360, Colchester Food Bank.

Background information – for the year to 31 March 2017, CAC helped 11,670 residents with a total of 16,281 issues. The CAC has seen a growth in client numbers year on year and this together with predictions on increased workload arising from the rollout of Universal Credit suggests that CAC will help 12,600 Colchester residents.

Link to strategic plan and criteria – Increase volunteering across the borough, helping people improve their skills for work or life, enabling people or groups to do more for themselves in their communities and helping the most vulnerable people in our society to improve their quality of life and opportunities.

4 Colchester Furniture Project award £15,000

Project - Colchester Furniture Project (the Shake Trust)

To help disadvantaged and vulnerable people who have been given accommodation but lack the means to furnish it

Outcome -

Link to strategic plan and criteria - Helping the most vulnerable people in our society to improve their quality of life and opportunities.

5 Colchester Emergency Nightshelter award £20,200

Project - Transformative Recovery Assistance

The project is to ensure that people stay at the Nightshelter until they are ready to engage with the drug and alcohol support offered. Person centred approach which includes addiction issues, welfare problems, offending history, mental and physical problems and learning difficulties

Additional information— The Nightshelter provided 5789 bed nights in 2016-2017 and had 213 people stay. They successfully moved on 124 people. A total of 42.3% of the people helped last year had local connections and came directly from the Colchester area. By managing the shelter and this proposed extended project will eradicate anti-social behaviour caused by substance misuse and drug/alcohol paraphernalia and reduce shop lifting and theft at local businesses and in the town centre.

Link to strategic plan and criteria – Helping people improve their skills for work or life, enabling people or groups to do more for themselves in their communities and helping the most vulnerable people in our society to improve their quality of life and opportunities.

6 Colchester and Tendring Women's Refuge award £50,000

Project - Community Domestic Abuse Support

To provide outreach support to work alongside refuge crisis accommodation.

Outcome – The project will benefit 300 adults and 150 children directly (including close family members) with a greater number of residents benefitting from increased awareness of services available and abuse issues including work with schools to increase awareness and confidence around building healthy relationships and recognising early warning signs of controlling or abusive behaviour. Volunteers; 50 including professional placements – Health and Social Care, Colchester Police, Educational Establishments, Army Welfare & Childrens Services.

Link to strategic plan and criteria - Helping people improve their skills for work or life, enabling people or groups to do more for themselves in their communities and helping the most vulnerable people in our society to improve their quality of life and opportunities.

7 Youth Enquiry Service award £30,350

Project - YES Volunteering Project

To recruit, engage, mentor and facilitate a Young People's Action Group (YPAG)

Outcome – YES will engage with between 35-40 volunteers over the year of this project, however their work will have a positive impact on our client group of during that period and on the volunteer's family and extended community as they take the role of championing volunteering. The fundraising board will make a direct impact on a wider group of £20,000 raised by the Fundraising Board will allow YES to provide a further 400 one to one sessions with children and young people in crisis.

Link to strategic plan and criteria - Increase volunteering across the borough, helping people improve their skills for work or life, enabling people or groups to do more for themselves in their communities and helping the most vulnerable people in our society to improve their quality of life and opportunities.

Total Voluntary Welfare grant 2018-19 amount allocated £190,000